

# The Canadian Nurse

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VOL. III.

TORONTO, DECEMBER, 1907.

No. 12.

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## Editorial.

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### THE ONLY THING WE NEED.

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More subscribers. That is the only thing we need. Last year was a very successful one for THE CANADIAN NURSE. We became a monthly magazine, we more than trebled our subscription list, and we now have more than one thousand paid subscribers. The credit of this is due to you, our readers and subscribers, and we thank every one of you sincerely for it.

But now our best friends are asking for more articles, more practical articles, and for a larger magazine. The Editorial Board want to give you a larger and better magazine for 1908. This, of course, will cost more money. Besides, the new agreement with the printers last year, by which a strike was averted, has added about \$200 to our annual expenses. In order then to enlarge our magazine and pay for it, we need more advertisements, and business men cannot give us more advertisements till we have more subscribers. If we had 2,000 subscribers we could get more advertisements, but what we really need is 4,000 subscribers, and we could give you a magazine that you would be still prouder of. So we need more subscribers. Will you please send us one—or two—NEW SUBSCRIBERS?

### THE OVER-WORKED NURSE.

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Is there any sense in trying to do too much? The nurse-in-training, the graduate, the instructor of nurses, the assistant superintendent and the superintendent, are all overworked. The hours are too long, the nurse is too tired, and she comes out of the hospital often rather a wreck physically. This is wrong. As a class, the women who are superintendents of training schools are characterized by great personal efficiency, but they are overworked.

"There don't seem to no good come out of it," as a London penny 'bus driver remarked about the mad rush of motor busses, taximeters, two-penny tubes and all the rest of it. And the same remark may always be made about trying to do too much our-

selves, or trying to make other people do too much. The hospital nurse is a case in point. Let us have more hours off and shorter periods of duty, and more nurses on the wards and more assistants, and a more reasonable standard of nursing work generally.

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#### POST-GRADUATE OPPORTUNITIES.

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The question of opportunities for post-graduate work occupied the attention both of the Canadian Society of Superintendents of Training Schools for Nurses at Montreal, and of the American Hospital Association at Chicago. Post-graduate work we must have, and those who love their work, and live to do it well, have always spent time and money in visiting other hospitals, thus learning from time to time new methods, and keeping alive the enthusiasm for knowledge and progress. This is one very useful and important factor. But evidently some organized plan is needed. A course of lectures, such as that outlined by Miss Sheppard, in Montreal, and definitely asked for by some members of the American Hospital Association in Chicago, would be a great help, and indeed is almost indispensable. We do not know a single hospital nursing staff that is not overworked now, and we would make it a plea for a more reasonable arrangement of the duties of Superintendents of Hospital Nursing Schools that post-graduate work is practically impossible, though so important, because the heads of the schools and their assistants are at present so overworked. We have spoken of this elsewhere, but here we would merely point out the imperative call for post-graduate instruction, or rather for opportunities for the older graduates and the officers of training schools to be given a chance to keep up with the times, and to have the stimulus of seeing and hearing the best and most progressive lines of medical and nursing work.

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#### Editorial Notes.

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##### ENGLAND.

**The Queen's Gift.**—Her Majesty Queen Alexandra has sent a donation of 600 guineas to the London hospital, of which she is President.

**The Nurses' Missionary League.**—Eight nurses going to the mission field under the auspices of the League were present at an interesting and inspiring valedictory meeting in University Hall, London, last month.

**A Heroine.**—The heroism of Nurse Harrison, who lately lost her life in rescuing a child from drowning at Chester, is to be commemorated by the erection of a stone drinking fountain.

## GREAT BRITAIN.

**The Mental Nurses' Co-operation.**—Miss Jean Hastie, a Scotch nurse with eighteen years of experience in nursing mental cases, is endeavoring to found a society for "Mental Nurses." The registration fee is 5s., and Miss Hastie has many good plans for the society.

## IRELAND.

**A Four Years' Course.**—At the last meeting of the Belfast Board of Guardians it was proposed that the period of training for nurses in the workhouse infirmaries should be four years instead of three. The majority of the largest General Hospitals in England have now made the time of training four years.

## SCOTLAND.

**The Scottish Nurses' Club.**—The Committee have taken a house in Castle Street, Edinburgh, and hope to open the club early in December. There will be tea-rooms, reading and writing, and recreation rooms, etc. Membership is open to all nurses in Scotland, and the Secretary is Miss Mabel Halkett, Pilferrane, Dunfermline.

## INDIA

**Lady Minto's Indian Nursing Service.**—In the last two months nine or ten English nurses, graduates of St. Bartholemew's, the General Hospital, Cheltenham, the Royal Infirmary, Manchester, and other well-known hospitals, left to join Lady Minto's nursing service in India.

**Native Nurses.**—The Jamsetji Jijibhai Hospital Nursing Association has now thirteen native nurses in training. These nurses when their training is finished are so much in demand by the general public that they at once find employment "at salaries which the hospital cannot afford to pay." This happens in other countries!

**The Ministering Angel.**—Dr. Nicholas Senn, whose letters from all over the world about medical affairs have been so interesting, has recently written of Pretoria, Capetown, etc. Of the Transvaal Leper Settlement he says: "Miss A. M. Whiteman, an English trained nurse, is the ministering angel in this valley of human suffering and misery. The patients respect and adore her and she is devoted to them. She speaks Dutch and all the native tongues, and all come to her when they are in trouble, or in need of her services, which she so cheerfully and willingly renders them."

"For man to assist man is to be a God.  
This is the path to eternal glory."

—Plinius Major.

## FRANCE

**Berk Plage.**—On the sands of the sea, near Boulogne, is the great open air hospital for the tuberculous children of Paris, sent here to have the best chance to fight their dread adversary, T. B., successfully. Most of the nurses are religious sisters.

## HOLLAND

**The Green Cross Association.**—One of the chief objects of this Association is to provide skilled nursing for the poor, and for those of moderate means.

**The International Council of Nurses.**—Mrs. Aletrieo, President of the Dutch Nurses' Association, has consented to be the honorary vice-president of the International Council of Nurses for Holland.

## FINLAND

**The Finnish Nurses' Association.**—At the Annual Meeting held in Helsingfors, the association decided to apply for affiliation with the International Council of Nurses.

## UNITED STATES.

**The Physical Effect of the Three Years' Course.**—A paper that has attracted great attention, both at the annual meeting of the American Society of Superintendents of Training Schools for Nurses, where it was delivered, and in professional journals where it has since been printed, is Miss M. Helena MacMillan's on the above subject. Miss MacMillan's opinion is that the physical effect of the course is unfavorable, especially on account of the long hours of duty and the evening lectures.

## JAPAN

**The Red Cross Society.**—This Society works in connection with the Army Sanitary Corps, and was founded in 1886 under the patronage of the Emperor and Empress. The number of members is now 1,275,512, and every member is allowed to wear a medal on public occasions. During the late war 4,700 Red Cross nurses, both men and women, were sent to the front, where their "nothing-forgotten" methods aroused the admiration of English and American nurses..

## NEW ZEALAND

**Maternity Hospitals.**—In an address delivered at the opening of St. Helen's Maternity Hospital at Sydenham, Christ Church, the Minister of Education, spoke of the four St. Helen's Hospitals, the other three being at Dunedin, Wellington and Auckland. The number of births at these three maternity hospitals so far was 564, and out of that number there had been three deaths. The nurses had also attended 154 cases outside.

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Correspondence

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DEAR MADAM,—There is no training school in the vicinity of Gleichen, and this is the only hospital. Since returning to the hospital on June 1st I have had, besides out-patients receiving daily treatment, ten in-patients—five men and five women, respectively. One man came in to-day. All the others are gone except two little girls. Both cases are tuberculous. One is in a dying condition—only a matter of time. We shall miss her very much. She is six years old, one of the Home children. A very bright, intelligent little girl, remarkably so for an Indian child. She possesses a wonderful memory, and the way she picks up English is a surprise and delight to all who hear her. Her name is Amy Red Blanket, sister of Betsy Red Blanket, of whom you know. Ever since she came into the hospital she has had a very high temperature, and a very rapid pulse. Notwithstanding all this for the first couple of months she had a great flow of spirits. Her voice was heard the first thing in the morning, throughout the day, and the last thing at night. She would sing verse after verse, going from one hymn to another, or one song to another. Could sing "God Save Our King." Laughing, singing, talking all the time she was awake. Her voice is no more heard in song or laughter. She smiles occasionally—is very irritable at times, but a very dear little girl for all. I do not like to think that she must die. I lie on a couch in the dining-room, and go in to see her now and then through the night. Altogether she is an exceedingly interesting child. We shall sadly miss her when she is taken from us.

I nursed a Home boy—Alfred by name—through a case of pneumonia. As there was a tendency to tuberculous trouble, he was detained here for a time after his recovery.

The cases I have had to deal with are more or less scrofulous or tuberculous, trachoma or conjunctivitis. Under the hospital doctor's directions I carry out, I suppose, the ordinary treatment in the various cases. Hence, I do not see how any hint or suggestion of mine could be of any practical use to you. I should be delighted to do so if I could. I am more in need of aid from you.

ANNIE C. MURRAY.

Victoria Hospital, Gleichen, Sept. 6th, 1907.

### The Contributors' Club.

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#### THE DRESSING SUPPLY ROOM.

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The method of cutting dressings in the wards has been superseded in a number of hospitals, by having them cut in a room set aside for the purpose. One nurse spends a month in this department, assisted by the operating room nurses. Dressings are cut, "T" bandages, scultetus binders, cotton jackets and such supplies are made here and are given out each morning on requisition. The list from each ward is examined by the operating room supervisor, who signs it, if it meets with her approval. This seems the best way of keeping a check on the supplies ordered in hospitals where the wards are in charge of pupil nurses. In the best regulated hospitals, there are nurses who are extravagant with gauze especially, using it for cleaning purposes, for handkerchiefs, etc., and using twice the quantity of dressing really necessary for a clean wound. The nurses should be instructed to return "broken" packages for re-sterilization. Uncut gauze and cotton should not be allowed in the wards. "Mouth gauze" for the medical wards is given out in packages of small square pieces, utilized from the "left overs" in cutting the dressings. It is surprising to find at the end of the month how the gauze and cotton bills are reduced by this system.

ANNA MAYBEE STAEBLER.

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### Question Department.

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We have received the following replies to the question asked last month by one of our subscribers as to the best method of establishing a Sick Benefit Fund for nurses.

This duty may be most successfully discharged by the Alumnae Association of a hospital, and the first step is to gain the interest and individual assistance of each member. A committee is usually appointed to take charge of the Sick Benefit Fund, the chief duties of which are to interest the members of the Alumnae Association and others, and to secure subscriptions. The hospital authorities should be consulted early, and their help and active assistance secured. In some hospitals a ward has been secured for sick nurses who are graduates of the hospital at a rate considerably less than the usual charge. Many of the hospital governors and trustees are generous in giving donations, and many private patients, when parting from a nurse, whose services have been acceptable and helpful, sometimes, indeed, whose services have gone far to save the patient's life, will hint at a desire



to give the nurse, either in the hospital or out of it, some memento or present. This is something that a high-minded nurse usually would rather not accept, but a subscription to the Sick Benefit Fund is not only unobjectionable but would do far more good than almost any personal gift. Entertainments are often given for the Sick Benefit Fund. Lectures, bazaars, dances, exhibitions, etc., have all been given for this object with very gratifying results. It may also be mentioned that the Alumnae Association of the H. S. C., Toronto, have been fortunate enough to make a sum of money for their Sick Benefit Fund by the sale of their hospital recipe book.

Other answers have been promised, and we hope to publish these next month. But the method of direct subscriptions by the nurses themselves, either annual or special, is perhaps the most satisfactory and dependable method of all.

One way an alumnae raised money was: each member or each person interested in the sick members agreed to collect from her friends five yards of coppers. Each yard contains thirty-six, and no person would refuse to give a copper if asked. In this way quite a little sum was realized.

A rummage sale is good if it can take place in a poor district, as second-hand clothing can be used. Each person obtains from her friends all the cast-off clothing she can get, and it is sold for a sum which is all gain, as there is very little outlay.

*(From Miss F Sharpe, Woodstock Hospital.)*

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### Official Department.

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THE CANADIAN NURSE has the honor of publishing official information from.

Queen Alexandra's Imperial Military Nursing Service.

The Canadian Permanent Army Medical Service (Nursing Branch).

The Canadian Society of Superintendents of Training Schools for Nurses.

The Association of Hospital Superintendents of Canada.

The Canadian Nurses' Association.

The Manitoba Association of Graduate Nurses.

The Graduate Nurses' Association of Ontario.

The Victorian Order of Nurses.

The Guild of St. Barnabas for Nurses.

The Collingwood G. and M. Hospital Alumnae Association.

The Calgary Graduate Nurses' Association.

The Edmonton Graduate Nurses' Association.

The Fergus Royal Alexandra Hospital Alumnae Association.

The Galt General Hospital Alumnae Association.

The Guelph General Hospital Alumnæ Association.  
 The London Victoria Hospital Alumnæ Association.  
 The Kingston General Hospital Alumnæ Association.  
 The Montreal General Hospital Alumnæ Association.  
 The Montreal Royal Victoria Hospital Alumnæ Association.  
 The Ottawa Lady Stanley Institute Alumnæ Association.  
 The St. Catharines General and Marine Hospital Alumnæ Association.

The Toronto Central Registry of Nurses.  
 The Toronto General Hospital Alumnæ Association.  
 The Toronto Grace Hospital Alumnæ Association.  
 The Toronto Graduate Nurses' Club.  
 The Toronto Hospital for Sick Children Alumnæ Association.  
 The Toronto Riverdale Isolation Hospital Alumnæ Association.  
 The Toronto St. Michael's Hospital Alumnæ Association.  
 The Toronto Western Hospital Alumnæ Association.  
 The Winnipeg General Hospital Alumnæ Association.  
 The Vancouver Graduate Nurses' Association.

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#### THE ALUMNÆ ASSOCIATION OF THE COLLINGWOOD GENERAL AND MARINE HOSPITAL TRAINING SCHOOL FOR NURSES.

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Officers, 1907-8: President, Miss J. E. Carr; 1st Vice-President, Miss M. M. Redmond; 2nd Vice-President, Miss M. E. Knox; Secretary, Miss A. I. F. Morton; Assistant Secretary, Mrs. Isabel McBride; Treasurer, Miss J. Cottrill.

*Sick Visiting Committee:* Misses Dawson, Lord, and Moore.

The meetings are held on the first Thursday of the month at 3 p.m., in the Board Room of the hospital.

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#### THE ALUMNÆ ASSOCIATION OF THE HOSPITAL FOR SICK CHILDREN TRAINING SCHOOL FOR NURSES, TORONTO.

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Officers, 1906-7: Hon. President, Miss Brent; President, Miss J. Hamilton, 505 Sherbourne St.; 1st Vice-President, Miss G. Gowans; 2nd Vice-President, Miss J. Richardson; Secretary, Miss E. Jamieson, 105 Macpherson Ave.; Treasurer, Miss M. Hill, 105 Roxborough St.; Directors: Miss M. Gray, Miss C. Leman, Miss M. F. Blythe.

*Conveners of Committees:* Arrangement and Publication, Miss Goodall, 668 Euclid Ave.; Sick Visiting, Miss Annie McGarvey, 7 Rose Ave. Meetings are held on the second Thursday of the month at 3 p.m., in the Nurses' Residence.





KINGSTON GENERAL HOSPITAL.

### TORONTO GENERAL HOSPITAL ALUMINÆ ASSOCIATION.

Officers, 1906-7: Hon. President, Miss Snively; President, Miss Lucy Bowerman, 349 Sherbourne St.; 1st Vice-President, Miss Clara Brown, T.G.H.; 2nd Vice-President, Miss Jessie Robson, 103 Gerrard St. E.; Recording Secretary, Miss Alice Stewart, T.G.H.; Corresponding Secretary, Miss A. M. Stirling, 103 Gerrard St. E.; Treasurer, Miss Mareb Allan, T.G.H.; Directors: Miss E. Field, 505 Sherbourne St., Miss Julia Stewart, 12 Selby St., Miss Annie Lennox, 11 Humberside Ave., Toronto Junction.

*Conveners of Standing Committees:* Sick Visiting, Miss H. Fralick; Legislation, Miss A. Lennox; Programme, Miss B. Crosby; Social, Miss Florence Davis, 179 College St.; Look-out, Miss Elizabeth Stewart, General Hospital; Representatives of the Central Registry Board, Miss Burkholder and Miss A. Boyd.

### QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE.

#### POSTINGS AND TRANSFERS.

*Sisters.*—Miss E. M. E. Todd, to M. Hp., Colchester, from Connaught Hp., Aldershot; Miss E. H. Hay, to Connaught Hp., Aldershot, from M. Hp., Colchester; Miss M. M. Tunley, to R. V. Hp., Netley, from Cambridge Hp., Aldershot; Miss M. Smith, to Cambridge Hp., Aldershot, from R. V. Hp., Netley; Miss G. M. Allen, to M. Hp., Chatham, from M. Hp., Colchester; Miss P. Steele, to M. Hp., Colchester, from M. Hp., Chatham; Miss A. Nixon, to S. S. "Plassy," for Indian troopship service, from M. Hp., Chatham; Miss L. M. Toller, to S.S. "Plassy," for Indian troopship service, from the Q. A. M. Hp., Millbank, London.

*Staff Nurses.*—Miss C. M. Hodson, Miss M. A. McCabe and Miss B. M. Oates, to the Q. A. M. Hp., Millbank, London, on appointment.

#### APPOINTMENTS CONFIRMED.

*Staff Nurses.*—Miss E. R. Collins and Miss K. F. G. Skinner.

C. H. KEER,

Matron-in-Chief, Q.A.I.M.N.S.

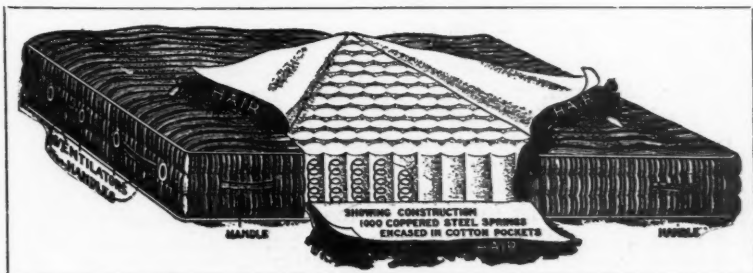
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**Hospital and Training School Department.**

MISS KATE MADDEN, Brooklyn City Hospital, has gone to Boston to take charge of a hospital.

MISS KENNEDY, J. H. H., Baltimore, has gone to Dr. Grenfell's hospital to take up work there.

MISS VAN BUSKIRK, Montreal General Hospital, has gone to Philadelphia to take a course in massage.

MISS EMMA ELLIOTT is in the G. and M. Hospital, St. Catharines, suffering from an attack of typhoid fever.

MISS J. BENNETT (G.G.H.), who is nursing in New York, is spending her vacation at her home in Atwood, Ont.

MISS A. CAULFIELD has resumed her duties at Dr. Kelly's Sanitarium, Baltimore, after a few months' vacation at her home in Guelph.

MISS ELIZABETH ACHESON, graduate of the Hamvot Hospital, has returned from a trip to the Pacific Coast, and is doing private nursing in Goderich.

MISS MARY McKECHNIE, late superintendent of the Orange Memorial Hospital, will take up the work of tuberculosis nurse in the Oranges during the coming winter.

MISS TERESA KELLY and Miss Clara Ferguson, graduates of St. Joseph's Hospital, London, '03, have returned from New York, having finished a post-graduate course at the General Memorial Hospital of that city.

THE November monthly meeting of the Canadian Nurses' Association, Montreal, was largely attended. Dr. Evans gave a valuable address on "Obstetrical Nursing." Twelve new applications for membership were brought before the meeting.

DR. ABRAHAM, graduate Toronto University, is returning to Toronto, after being in charge of the Winnipeg River Hospital, in connection with the transcontinental construction, for the past eighteen months. His place is being filled by Dr. Wightman, of Queen's University, Kingston.

THERE has just been completed at St. Vincent de Paul Hospital, Brockville, Ont., the construction of two of the finest sun-rooms to be seen in connection with any General Hospital. These rooms are built in the form of large verandahs, enclosed in glass, and steam heated. Facing the south and overlooking the broad bosom of the beautiful St. Lawrence these will afford many poor sufferers a pleasant change, and go a long way to coax them back to health and strength.



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**THE BIB** is made to order in any style required. The one shown in picture as worn by the nurses of the General Hospital, Toronto, is pleated at waist and crossed at back and worn under the apron .....**43c**

When ordering, please state waist measure and length of apron required.

**THE CAP** is made of muslin, with two frills and double border, edged with lace, each **12½c**. Other styles and prices in stock.

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Mrs. K. THOMPSON, graduate of St. Joseph's Hospital, London, '06, has taken up private nursing in Port Huron, Mich.

Miss ALICE LUNDY, '03, V. P. H., Fredericton, has gone to New York City, where she will engage in private nursing.

Miss ISABEL MACINTOSH (G.G.H., class '03), who has been nursing in Port Elgin and vicinity, has taken a position in Skene Sanitarium, Brooklyn.

Miss G. M. MOORE, graduate of Toronto General Hospital, '04, has recently taken charge of the Isolation Department of the Winnipeg General Hospital.

Miss JOHNS, Winnipeg General Hospital, '02, has been in charge of the X-ray department of this hospital for some months. During this time the work has increased three-fold, and is very satisfactory to the doctors.

At the meeting of the Central Registry Committee on November 4th, the Registrar's report was as follows: Number of nurses on list, 240; applications accepted, 1. Number of calls for October: Registry calls, 90; personal, 20; total, 110; visiting, 1. Money in savings bank, \$400.00; current account, \$92.07; due from unpaid fees, \$220.00. Nurses who have resigned or dropped out temporarily: Miss Isabel Brown, Miss Selby, Miss Keith, Miss Dover, Miss Boyne, Miss Dawson, Miss Baird, Miss McWilliams, Miss Foster, Miss Rogers. This being the first meeting after the annual meetings of the several Alumnae Associations, the election of officers took place for the coming year. Miss Crosby was elected Convener and Miss Kennedy, Secretary.

THE graduating exercises of Grace Hospital, Toronto, took place at a very important meeting on November 6th, at which Miss Patton read a most interesting report, and Dr. Palmer, Dr. Bruce Smith, Mr. J. E. Atkinson and Judge Winchester gave addresses. Mr. Frank Roper, the Treasurer, read his report for the year, showing a total income of \$33,000 and a deficit of \$815. The Hospital admitted 1,433 patients during the year and refused 300, owing to lack of accommodation. The graduating nurses numbered seven, as follows: Maude Elizabeth Tindale, of Arthur, Ont.; Margaret Eleanor Coulter, Bethany; Rose Elizabeth Monnery, Reading, Eng.; Margaret Alice Thompson, Orkney, Ont.; Lilian May Wixon, Toronto; Carrie Elizabeth Gibson, London, Ont.; Clara Louise Barnes, Georgetown, Ont. The presentations were made as follows: Vandersmissen medal, won by Miss Thompson, presented by Miss Vandersmissen; Wismer medal, won by Miss Gibson, presented by Mr. Atkinson; prize for tidy room, won by Miss Barnes, presented by Mrs. R. B. Hamilton; pins for massage, presented by Miss Campbell; diplomas, presented by Senator Cox; school pins, presented by Miss Patton, lady superintendent.



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It will arrest loss of flesh and restore to a normal condition the infant, the child and the adult. It will enrich the blood of the anemic; will stop the cough, heal the irritation of the throat and lungs, and cure incipient consumption. We make this statement because the experience of thirty years has proven it in tens of thousands of cases.

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MISS I. M. BROWN (T.G.H., '04) has accepted the position of superintendent of the Royal Jubilee Hospital, Kenora, Ont.

MISS MAY LOVE (G.G.H., '06) and Miss H. McMurray (G.G.H., '07) have given up private nursing and taken positions in Dr. Kelly's Sanitarium, Baltimore.

MISS MATHESON, graduate W. G. H., '07, has accepted the position of instructor of nurses in the Winnipeg General Hospital Training School for Nurses. Her duties are to teach the junior and intermediate classes, both practically and theoretically.

THE graduating exercises of St. Joseph's Hospital, Guelph, took place on October 16th. The medals and diplomas were presented by the Lord Bishop of Hamilton, Dr. Mackinnon and Mayor Newstead, and each graduate was presented with a shower bouquet by the directors of the hospital, after which addresses were made by His Worship the Lord Bishop, Father Cotee, of Hamilton, Father Donovan, Mayor Newstead, Dr. Mackinnon, Dr. Lindsay, Dr. Stewart, and Dr. H. O. Howitt. The musical part of the programme was in charge of Miss Kennedy. The graduates were: Miss Bush, St. Clements; Miss Myers, Waterloo; Mrs. Hanlon, Guelph; Miss Cooper, Galt; Miss Toner, Hamilton.

THE Grace Hospital Alumnae Association recently held their annual meeting. We have pleasure in publishing the following from the report of the Secretary, Miss Smith: This year we close with a membership of forty-nine—thirty-seven active and two honorary, while last year there were thirty-seven on the rolls. The financial condition of the Association is much improved also, as one year ago we found at the close of it we were in debt, while this year we have a deposit of \$12.00 in the bank. We regret very much that our sick benefit fund has apparently come to a standstill, but we hope that very soon the nurses will realize the advantages obtained thereby, and will consequently take more interest in it. We have had only four monthly meetings during the year, but these meetings have been very instructive, and much appreciated by the nurses. At one Dr. McPherson gave a very interesting lecture on "The Relation of the Army Medical Corps to Nursing," and at other different occasions Miss Patton gave an address on "The Graduate Nurse," and Miss Barwick one on "The Central Registry." The last meeting of the year was altogether of a social character, and was very enjoyable. Officers for 1907-8: President, Mrs. Lalonde; 1st Vice-President, Mrs. MacQuoid; 2nd Vice-President, Miss McPherson; Secretary, Miss Smith; Treasurer, Miss Irvine; Board of Directors, Misses Carnochan, Chisholm, Knight and Chant; Convener of Programme Committee, Miss De Vellin; Social Committee, Miss Carnochan; Sick Benefit Committee, Miss Knight; Press and Publishing Committee, Miss Bell.

# The Bounties of Fragrant **SOZODONT**

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THE Neepawa General Hospital expects to hold a bazaar in November.

MISS LYDIA GOOD, having completed her course of training, has taken up private nursing in St. Catherines.

MISS VERDA LEAVITT, St. Joseph's Hospital, London, '06, has returned from a trip to New York and Brooklyn.

MISS BARNSTON, C. M. B., London, Eng., is the guest of her aunt, Miss Stikeman, Drummond Street, Montreal.

MISS GREER, '06, V. P. H., Fredericton, has returned home after spending two months at Sheffield Academy, N.B.

MISS FORREST and Miss Inga Johnson, W. G. H., '07, have accepted positions on the Winnipeg General Hospital Staff.

MISS KATHLEEN BROCK, who has been at home in Kentville, N.S., for six months, returned to Montreal in November, to resume private nursing.

ALMONTE, Ont., is to have a new \$9,000 Cottage Hospital, the gift of Mr. Bennett Rosamond. It will accommodate twelve patients, and will be completed about the first of December.

MISS DESBRISAY (M. G. H.), and Miss Dawson (St. Thomas Hospital, England), who has been nursing for several years in Canada, have left for a visit to England. They will be absent six weeks.

To the operating room of G. and M. General Hospital, Goderich, have been added two up-to-date dressing tables, a solution stand and an irrigator, by the young ladies of Goderich who have entered the field of nursing.

THE representatives of the Victorian Order of Nurses in Winnipeg are at present residing at 233 Kennedy Street, in the Nurses' Home. They expect very soon now to have a home of their own. In a recent letter one of the nurses has a kind word for us. She says: "We all enjoy THE CANADIAN NURSE very much, and quite look forward to its arrival each month."

THE Wingham General Hospital, opened on January 24, 1907, has been filled to its capacity during the summer and fall, and the nursing staff has been increased. Improvements are constantly going on and at present a beautiful sun-room and conservatory are almost ready for use. Its success so far has been beyond expectations. The Ladies' Auxiliary in connection with the hospital are doing splendid work. The hospital could not get along without them. It is pleasant to learn that the superintendent and nurses look forward with great pleasure to THE CANADIAN NURSE each month.

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MISS MAY CODE, and Miss Elizabeth McKnight, of this class also, have accepted positions in New York.

THE first meeting of the Montreal General Hospital Alumnae Association was held on Oct. 2, at 59 Park Avenue, Montreal.

MISS SCOTT has accepted the appointment of 2nd assistant in the Training School for Nurses of Toronto General Hospital.

MISS ISABELLA LIKELY and Miss Ethel Gamble, graduates V. P. H., Fredericton, have gone to Duluth, Minn., where they will engage in private nursing.

MISS INA WILLIAMS, graduate of City Hospital, Minneapolis, has been appointed Head Nurse, Theatre and Surgical Flat, Royal Jubilee Hospital, Kenora, Ont.

MISS MARGARET BRUCE, graduate of Stratford General Hospital, who has been spending the summer in Goderich, has gone to Washington, D.C., where she will engage in private nursing.


MISS LOWE, graduate of the Winnipeg General Hospital, '05, and post-graduate of Sloane Maternity, is at present in charge of the Winnipeg General Hospital Maternity. She left in November for New York to take a post-graduate course in the Memorial Hospital.

THE temporary appointments for the summer at the Pavilion and Burnside (T. G. H.), seem to have given general satisfaction. We have pleasure in announcing that Miss Lindsay has now been appointed Head Nurse of the Burnside and Miss Mitchell Head Nurse of the Pavilion.

GRADUATING exercises were held recently at St. Joseph's Hospital, London, when five nurses, now fully qualified, received their degree from His Lordship, Bishop McEvoy. The valedictory was read by Miss Lila Bell, and was replied to by Dr. Hodge. Many friends of the graduates were present, and the assembly room presented an attractive appearance. It was tastefully decorated with the hospital colors, yellow and white, and the natural effect was attained with paleus and ivy. Following the presentation of the diplomas and medals to the graduates who were, Miss Lila Bell, Peterboro; Miss Maud Baye, Orillia; Miss Agnes Bandeen, Rodney; Miss Alfaretta Tuckey and Miss Alice Butler, of London, a musical programme was introduced by the chairman, Rev. Father Aylward. A violin solo was contributed by Miss McKim, of Ingersoll, accompanied by Miss Keating, also of Ingersoll, as well as several concerted numbers by the nurses. Words of inspiration and hopefulness were spoken in the addresses given by Senator Coffey, J. B. McKillop, Crown Attorney, and Dr. Tillman, of the Board of Education. The graduates were the recipients of many beautiful flowers.





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### The Nurse's Calendar

The Alumnae Association of the Toronto General Hospital Training School has issued a **Calendar for 1908** consisting of daily quotations from various authors. The object is to establish an emergency fund for sick nurses. The Calendar is gotten up in an attractive form in the school colors and will be **for sale early in December** at any of the Nurse's Homes.

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MISS MANSON, Head Nurse at the J. H. H. paid a brief visit to Toronto recently.

WE are indebted to Miss Scott for an attractive programme of lectures in the Training School for this year at Kingston General Hospital.

MISS LANE, M. G. H., '07, has been appointed assistant to Miss Tedford, nurse-in-charge of the operating room, Montreal General Hospital.

MISS MONTGOMERY, Winnipeg General Hospital, '07, has gone to Morden to take charge of the operating room and surgical wards of that hospital.

LETTERS from the West from Misses Lena Martin and Martha Marriott, who went out for the benefit of their health, report both very much improved.

MISS RUTLEDGE, graduate '07, Winnipeg General Hospital, has accepted the position of night supervisor in the City and County Hospital, St. Paul's, Minn., U.S.A.

THE Alumnae Association of the Montreal General Hospital has opened a registry for their nurses at 59 Park Avenue. Miss M. V. Young, M. G. H., '03, is registrar.

WE are glad to hear from Miss Trew, of the Montreal General Hospital, that two or three other graduates of that splendid hospital are soon to settle in Toronto.

MISS MARY SHAW, Montreal General Hospital, assistant superintendent Jeffrey Hale Hospital, Quebec, was at her home in Montreal for a short time in October.

MISS L. M. FOWLER, superintendent of nurses at the City and County Hospital, Denver, resumed her duties on November 1st, after a much needed vacation of two months.

MRS. DOULL, wife of Rev. A. J. Doull, Montreal, was "at home" to the members of the Guild of St. Barnabas after the devotional meeting held at the Church of the Advent.

MISS ALBERTINE MACFARLAND (T. G. H.), Superintendent of the Vancouver General Hospital, recently paid a flying visit to Toronto, and was cordially welcomed by all her old friends.

MISS IDA WATROUS and Miss Edith Burling (Guelph General Hospital, class 1906) have given up private nursing and taken positions in the King's County Hospital, Brooklyn, N.Y.

MISS ALLEN, Chief Lady Superintendent of the Victorian Order of Nurses, is to be married in December, to Mr. H. Gilbert Vernon Smith, of the Department of Justice, Ottawa. The marriage will take place in Toronto, and the future home will be at 190 Charlotte Street, Ottawa.

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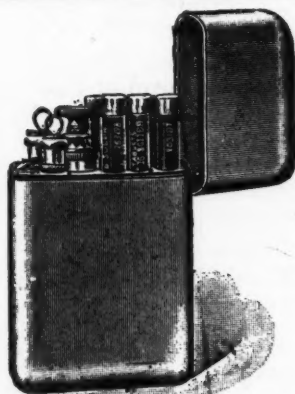
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MISS CRINGLE (T. G. H.) was appointed some time ago in charge of the Housekeeper's Department at Toronto General Hospital.

MISS ALICE J. SCOTT, Superintendent of the Training School for Nurses, Kingston General Hospital, spent Thanksgiving Day at her home in Toronto.

MISS EVA HENRY, graduate St. Joseph's Hospital, London, '07, is at present doing private nursing in Chicago, where Miss Louisa Flood, of the same class, has recently joined her.

At the annual meeting of the Toronto General Hospital Alumnae the following officers were elected for 1907-08: President, Miss Agnes Muir; Vice-Presidents, Miss Fralick and Miss Tweedie; Treasurer, Miss Halbaus; Recording Secretary, Miss Mary Roberts; Corresponding Secretary, Miss Sanson; Directors, Miss Hall, Miss Burnett, Miss Crosby; Central Registry Board, Miss Crosby and Miss Boyd. The conveners of the respective committees are: Registration, Miss Bowerman; Programme, Miss Alice Stewart; Look Out, Miss Baldwin; Social, Miss Younger; Press, Miss Christie. The representative on the Editorial Board of THE CANADIAN NURSE is Miss Frieze.

THE Toronto Graduate Nurses' Club has now been incorporated under the Benevolent Societies Act of Ontario and active steps are being taken to purchase or rent a house to be used as a club house, where nurses may reside and where nurses' associations may meet and may have their headquarters, offices, etc. At the first annual meeting, held on November 15th, at the Canadian Institute, the following were elected as the Board of Directors for the ensuing year, and they will elect the officers at their first meeting, the first Wednesday of next month: Miss L. Bowerman, Miss E. B. Barwick, Miss K. Mathieson, Mrs. Thos. Roden, Miss E. Argue, Miss L. Brent, Miss Julia Stewart, Mrs. R. H. Greer and Miss Mary Gray. A constitution and by-laws have been drawn up and the Treasurer's report shows a balance of \$650.00 in the bank. We congratulate the Club on their success and hope that the club house plan will receive immediate and hearty support.

THE Made-in-Canada exhibition in aid of Kingston General Hospital, held in the Armories, from Oct. 7 to 12, opened by His Honor, Lieut.-Governor Wm. Mortimer Clerk, has proved a great success. The total receipts amounted to \$9,500, and the net amount will be over \$8,000. Very generous donations were received from the farmers of Frontenac and adjoining counties,

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also from many manufacturers throughout Canada. A grand march, representative of Canada past and present, led by Britannia, was a great attraction each evening. In addition to numerous exhibits from manufacturing firms there were farm produce, fancy work, chafing dish, tea, home made, ice cream, Indian and other booths. The nurses' alumnae had a Red Cross booth under the sign of "the battered and bruised are mended here," where all articles for use in the sick-room could be purchased. Dolls dressed in the various costumes of the training schools, and donated by hospitals both in Canada and the United States, were also a feature of the nurses' booth. Sairey Gamp and Betsy Prig were also present. The sum of \$334 was realized by the nurses' booth. We regret very much that our space will not permit a more extended notice of this event, in which we all feel a personal interest and pleasure. Indeed, it was the sole topic of conversation during the week, and was really a delightful occasion. Everything was so well done that it is hard to know what to mention specially, but, as one would expect from Kingston, the historical aspect was not lost sight of. In the march-past Laura Secord was represented by her great-granddaughter, Mrs. Laura Secord Dunn, and a near relative of Barbara Heck's was also present. Everyone was there, everyone helped and everyone was pleased. Mrs. J. C. Connell, President of the Ladies' Aid, fittingly acknowledged the loyal assistance they had received from all.

THE first meeting of the Toronto Chapter of the Ontario Graduate Nurses' Association, took place in November. The President, Miss Bowerman, was in the chair.

MISS SCOVIL has resigned her position of Head Operating-room Nurse in the General Protestant Hospital, Ottawa, and will leave for her home, Portland, Ont., about January 1st.

#### BIRTHS.

MACGREGOR—At Tuxford, Sask., on September 10th, 1907, to the wife of Rev. Alexander MacGregor, a daughter. Mrs. MacGregor (nee Barron) is a graduate of the Montreal General Hospital.

CAMPBELL—COWIN—At Holy Trinity Church, Toronto, on Oct. 30th, 1907, by the Rev. W. Brane, Walter Campbell, of Hamilton, to Miss M. A. Cowin, of Hornby (graduate of the Guelph G. H., 1904).

LOWE—STANWIX—Miss Sara Stella Stanwix (T.G.H., 1898) was married on August 7th to Mr. Elliott Lowe, at Ragan, Neb. Mr. and Mrs. Lowe will reside at 2901 Q St., Lincoln, Nebraska.



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## MARRIAGES.

FULTON—SNOWDON—On Thursday, Sept. 26th, 1907, at 372 Elm Avenue, Westmount, by the Rev. J. G. Clarke, Miss Annie Snowden (M. G. H., '02), daughter of Mr. James Snowden, to Mr. Peter H. Fulton, of Montreal.

CAWTHORPE—DICK—On Friday, Sept. 27th, 1907, at the home of her mother, Hensall, Ont., by the Rev. E. T. McL. Smith, Miss Jean Dick to Dr. Fred. Cawthorpe. Dr. and Mrs. Cawthorpe will reside in Parkhill, Ont.

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### The Nurse's Library.

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The Thanksgiving number of the *Delineator* is full of good things—very good things. "The Home Without a Child" and "The Child Without a Home," will probably be the longest remembered. Two million homes in America without a child is something you do not easily forget. The fashions are good. "The Kitchen" is good. The stories are good. It is indeed, almost impossible to lay the magazine down when you have once begun to read it until you have finished. Among the contributors are C. G. D. Roberts, Octave Thanet and Edith M. Thomas.

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*The Prevention of Infectious Diseases.* JOHN C. McVAIL, M.D., D.P.H. London, New York, Toronto: Macmillan Co.

Last year's Lane Lectures, revised for publication, form the contents of this volume. Once having looked inside it, the reader is lost. She has to buy it. She cannot do without it. It is good—it is interesting, and it tells you so many things that you can tell other people. The eight chief infectious diseases are dealt with.

---

*International Clinics.* Vol. I; Series XVII. Philadelphia and London: J. B. Lippincott Co. Toronto: J. A. Carveth & Co.

From the first article, by Dr. Barker, of the Johns Hopkins, on the "Psychic Treatment of Some of the Functional Neuroses," to the last on the "Progress of the Clinic in 1906," this is a volume which is full of valuable material. The contributors are of international reputation, and the series is now firmly established in the favor of the medical profession.

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*Medical Diagnosis.* CHAS. L. GREENE, M.D. Philadelphia: P. Blakiston's Son & Co.

This is the second edition, carefully revised, of a valuable work on diagnosis, which would be an excellent book of reference

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<b>Medical History from the Earliest Times</b> By EDWARD THEODORE WITHERINGTON, M.A., M.B., Oxon.	\$4.00
<b>In Watchings Often (Addresses to Nurses)</b> By REV. E. E. HOLMES	\$1.00
<b>Surgical Ward Work</b> By ALEXANDER MILES, M.D., C.M., F.R.C.S., Edin.	\$1.25
<b>Manual for Nurses on Abdominal Surgery</b> By HAROLD BURROWS, M.B., F.R.C.S.	75c
<b>Ophthalmic Nursing</b> By SYDNEY STEPHENSON, M.B., C.M., F.R.C.S., Edin.	\$1.50
<b>Practical Fever Nursing</b> By EDWARD C. REGISTER, M.D.	\$2.50
<b>Lectures on Midwifery for Midwives</b> By A. B. CALDER, M.B., M.R.C.S.	\$1.50
<b>The Nurse's "Enquire Within"</b> By C. O. M.	75c
<b>District Nursing</b> By AMY HUGHES	30c
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in a nurses' library. The statements are brief yet clear and instructive, and the whole plan of the book is excellent. The mechanical execution is very fine.

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*The Major Symptoms of Hysteria.* PIERRE JANET, M.D. Toronto: Macmillan Company of Canada. \$1.75.

Prof. Janet, of the Salpêtrière in Paris, was invited to assist in the opening of the new and beautiful medical school at Harvard, by delivering a course of lectures therein, and this interesting and valuable volume is the outcome of that course. Many of our readers nurse patients suffering from this disease, and would gladly know something more of hysteria than can be found in an ordinary text-book. Prof. Janet's book, with its scientific exposition of the disturbances of sight, speech, digestion, etc., of the abnormal mental states and of the general problems in hysteria, places us in possession of a book which will be a great help both to the nurse and the physician.

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*The Health of the State.* GEORGE NEWMAN, M.D. London: Headley Brothers. One shilling.

Visiting nurses, school nurses, district nurses, and all who are interested in health matters will be greatly pleased with this book, which is No. 2 of the Social Service Series, edited by Mr. Percy Alden, M.P. Dr. Newman, a well known author and an able writer, discourses on Food, Milk, Infant Mortality, Fresh Air, Overcrowding, Disease, in a masterly and effective manner.

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*Inflammation.* J. GEORGE ADAMI. Toronto: The Macmillan Company of Canada. \$1.50.

Professor Adami's article on "Inflammation" from Allbutt's System of Medicine is here reprinted in a handsome volume of 240 pages, which will be accorded a hearty reception, and is a book of reference of no small value. It is thoroughly revised, and nurses who wish to read something of opsonins, or to understand the frequent references made in lectures to modern ideas of inflammation, will find this the book for their purpose.

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*Modern Methods for Securing Surgical Asepsis.* By EDWARD HARRISON, F.R.C.S. London, York and Hull: A. Brown & Sons. 3s. 6d.

Fifteen plates and figures, and one hundred and twenty-five pages of text, dealing with surgical asepsis and how to secure it in the wards, the theatre and the private house, by the assistant and the nurses, are here placed before us in an attractive form by Mr. Harrison, of the Hull Royal Infirmary. The book is indeed a model, and will be a boon to surgical nurses who will not be slow to possess themselves of it.

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*Primary Nursing Technique.* By ISABEL McISAAC. Toronto:

The Macmillan Company of Canada. \$1.25.

We need not remind our readers that Miss McIsaac, formerly Superintendent of the Illinois Training School for Nurses is one of the leaders in the profession, and it would be difficult to speak too highly of the text-book that she has prepared. We hold strongly that a nurse, and no one else, is the proper person to write text-books on nursing, and this volume proves it. The first thing that occurs to us about the volume is its completeness. Nothing seems to be omitted. The statements are accurate and clear. The style is not only forcible, but possesses a graphic quality which at once impresses the reader. Miss McIsaac's picture of a tray, for example, on which a patient's meal is arranged, is not easily forgotten. The book is intended for pupil-nurses, but every graduate should have it.

---

*Practical Nursing.* By ANNA C. MAXWELL and AMY E. POPE.

New York and London: G. P. Putnam's Sons.

We sincerely congratulate the authors of this book, who are respectively Superintendent and Instructor in the Presbyterian School of Nursing of New York, and have to thank them for giving us a work on nursing that may almost be said to mark a new era. Like Miss McIsaac, they are at the head of the profession, yet have found time in their busy lives to write a book which is extremely practical and valuable, intended as a text-book for nurses, and a hand-book for all who care for the sick. The qualifications of a nurse, bacteriology, all the departments of ward work, symptoms, records, and the details of nursing, treatment, emergencies, bandaging, operations, and a synopsis of important diseases, followed by chapters on Food and Massage—these are some of the topics dealt with in this invaluable book, which should be in every nurse's library.

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A NEW 1,000 square foot gymnasium has been added to the present already complete equipment of the Pennsylvania Orthopedic Institute and School of Mechano-Therapy, Inc., Philadelphia, and \$6,000 worth of medico-mechanical Zander gymnastic apparatus has been imported from Germany for the same. The new department will be formally opened in the early part of November for the treatment of patients as well as for the instruction of students. The course of instruction lasts three months; a diploma will be given upon satisfactorily completing the course. 6,793 mechanical treatments were given at this institution during the last year, which shows the ample practical experience our students get. Students also attend the Nervous and Orthopedic Clinics of several of the largest city hospitals. For additional information, illustrated prospectus and application blank address the Superintendent, Max J. Walter, 1711 Green Street, Philadelphia, Pa.

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A WORD ABOUT SOZODONT.—A tooth powder which cleanses, polishes, and preserves the teeth, and at the same time an antiseptic mouth and gum cleanser, commends itself to all careful people. Sozodont Tooth Powder is perfect in its composition and perfect in its effects. It is alkaline, antiseptic, hygienic. Used in the morning, it neutralizes and removes the harmful accumulations of mouth acids which collect over night. No quartz, no pumice, no charcoal, or any other gritty matter—nothing harmful to the teeth, gums, or mouth, and nothing that is not entirely soluble in water. Most perfect and luxurious results are obtained by using Liquid Sozodont at night and Sozodont Tooth Powder or Sozodont Tooth Paste in the morning. Write for pamphlet, "The Care of the Teeth." Sozodont, Hall & Ruckel. Lyman Sons & Co., Agents, Montreal, Canada.

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IMPORTANT.—Announcement of the Nurse's Calendar on page 21 and of the Toronto Graduate Nurses' Club, page 668.

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